

EVENT:  30km RUN/WALK or  3-PERSON RELAY

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age on Race Day \_\_\_\_\_ Phone \_\_\_\_\_

Category:  Runner  Walker Sex:  Male  Female

T-Shirt Size:  S  M  L  XL

- 30 km individual  \$21 postmarked by 7/16  
 \$19 SCRC postmarked by 7/16  
 \$25 all, postmarked 7/17-7/29  
 \$35 all, day of race
- 3 x 10km relay  \$48 postmarked by 7/16  
 \$60 postmarked 7/17-7/29  
 \$75 day of race

### Circle The Bay 30 km Relay Team Entry Form

**Each member must complete an entry form; all 3 forms must be returned together.**

Team Name: \_\_\_\_\_

Captain's Name: \_\_\_\_\_

Team Categories  
Check one in each box

Sexes	Divisions
Male _____	Open _____
Female _____	Masters _____
Mixed _____	Youth _____
	Gr. Master _____
	Walkers _____

Enclose check payable to: SCRC 94278 W. Heritage Hills Lane, North Bend OR 97459

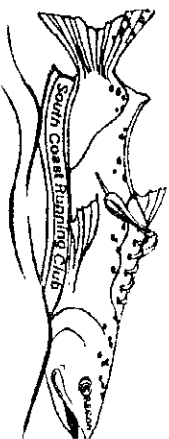
READ THIS! I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of weather, including high heat and humidity, traffic and the conditions of the beach, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the South Coast Running Club, the Road Runners Club of America, the Cities of Coos Bay and North Bend, Coos County, the State of Oregon, the Circle the Bay race Committee and all sponsors, supporters and the directors, their representatives and successors from all claims of liabilities of any kind arising out of my participation in this event. I assume payment for any and all medical emergencies of mine that may arise. I certify that I have read the above and all information provided on this form is true and complete with my signature. A parent must sign if the athlete is under the age of 18. This is to certify that my child has permission to compete in this event, is in good physical condition and the event officials may authorize necessary emergency treatment. I understand that this event is RRCA sanctioned and that bicycles, baby joggers or strollers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by this guideline.

Signed \_\_\_\_\_

Date \_\_\_\_\_

Signed \_\_\_\_\_ (if under 18 parent signature is required)

Circle The Bay  
94278 W. Heritage Hills Lane  
North Bend, OR 97459



Presented by the  
South Coast Running Club

Oregon South Coast  
30 km Championship

RRCA Sanctioned

- 30 km Run
- 30 km Walk
- 30 km Run Relay
- 30 km Walk Relay

Saturday August 2, 2008

Circle The Bay

The 35th Edition

